
























































**Pattern Name:** Strength  
**Designed By:** Michele Sayetta  
**Company:** Heaven and Earth Designs Inc.  
**Copyright:** Jeff Haynie 2023 ©  
**Fabric:** Linen 25, White  
 575w X 412h Stitches  
**Size:** 25 Count, 23w X 16-3/8h in

### Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
■	2	DMC	150	Dusty Rose-UL VYDK
■	2	DMC	152	Shell Pink-MD LT
■	2	DMC	155	Blue Violet-MD DK
■	2	DMC	156	Blue Violet-MD LT
■	2	DMC	157	Cornflower Blue-VY LT
■	2	DMC	158	Cornflower Blue-MD VYDK
■	2	DMC	159	Gray Blue-LT
■	2	DMC	160	Gray Blue-MD
■	2	DMC	161	Gray Blue
■	2	DMC	162	Blue-UL VY LT
■	2	DMC	169	Pewter-LT
■	2	DMC	209	Lavender-DK
■	2	DMC	210	Lavender-MD
■	2	DMC	225	Shell Pink-UL VY LT
■	2	DMC	310	Black
■	2	DMC	311	Navy Blue-MD
■	2	DMC	317	Pewter Gray
■	2	DMC	333	Blue Violet-VYDK
■	2	DMC	334	Baby Blue-MD
■	2	DMC	340	Blue Violet-MD
■	2	DMC	341	Blue Violet-LT
■	2	DMC	355	Terra Cotta-DK
■	2	DMC	413	Pewter Gray-DK
■	2	DMC	414	Steel Gray-DK
■	2	DMC	469	Avocado Green
■	2	DMC	517	Wedgewood-DK
■	2	DMC	519	Sky Blue
■	2	DMC	522	Fern Green
■	2	DMC	640	Beige Gray-VYDK
■	2	DMC	648	Beaver Gray-LT
■	2	DMC	676	Old Gold-LT
■	2	DMC	779	Cocoa-DK

Symbol	Strands	Type	Number	Color
	2	DMC	792	Cornflower Blue-DK
	2	DMC	793	Cornflower Blue-MD
	2	DMC	794	Cornflower Blue-LT
	2	DMC	796	Royal Blue-DK
	2	DMC	798	Delft Blue-DK
	2	DMC	799	Delft Blue-MD
	2	DMC	800	Delft Blue-Pale
	2	DMC	803	Baby Blue-UL VY DK
	2	DMC	807	Peacock Blue
	2	DMC	809	Delft Blue
	2	DMC	813	Blue-LT
	2	DMC	815	Garnet-MD
	2	DMC	820	Royal Blue-VY DK
	2	DMC	823	Navy Blue-DK
	2	DMC	824	Blue-VY DK
	2	DMC	825	Blue-DK
	2	DMC	826	Blue-MD
	2	DMC	831	Golden Olive-MD
	2	DMC	838	Beige Brown-VY DK
	2	DMC	842	Beige Brown-VY LT
	2	DMC	844	Beaver Brown-UL DK
	2	DMC	921	Copper
	2	DMC	926	Gray Green-MD
	2	DMC	930	Antique Blue-DK
	2	DMC	931	Antique Blue-MD
	2	DMC	932	Antique Blue-LT
	2	DMC	934	Avocado Green-VY DK
	2	DMC	939	Navy Blue-VY DK
	2	DMC	964	Sea Green-LT
	2	DMC	995	Electric Blue-DK
	2	DMC	996	Electric Blue-MD
	2	DMC	3042	Antique Violet-LT
	2	DMC	3072	Beaver Gray-VY LT
	2	DMC	3325	Baby Blue-LT
	2	DMC	3328	Salmon-DK
	2	DMC	3731	Dusty Rose-VY DK
	2	DMC	3743	Antique Violet-VY LT
	2	DMC	3747	Blue Violet-VY LT
	2	DMC	3750	Antique Blue-VY DK
	2	DMC	3756	Baby Blue-UL VY LT
	2	DMC	3760	Wedgewood-MD
	2	DMC	3765	Peacock Blue-VY DK

Symbol	Strands	Type	Number	Color
	⊕	2	DMC 3766	Peacock Blue-LT
	*	2	DMC 3778	Terra Cotta-LT
	■	2	DMC 3787	Brown Gray-DK
	✕	2	DMC 3799	Pewter Gray-VYDK
	⊖	2	DMC 3807	Cornflower Blue
	∩	2	DMC 3810	Turquoise-DK
	♠	2	DMC 3838	Lavender Blue-DK
	↯	2	DMC 3839	Lavender Blue-MD
	■	2	DMC 3842	Wedgewood-DK
	♣	2	DMC 3846	Bright Turquoise-LT
	✚	2	DMC 3860	Cocoa
	✕	2	DMC 3861	Cocoa-LT
	⊙	2	DMC 3865	Winter White

## Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC 150	268	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 152	450	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 155	5367	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 156	1820	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 157	3718	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 158	3478	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 159	2646	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 160	2364	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 161	1488	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 162	2453	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 169	687	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 209	671	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 210	7010	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 225	165	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 310	6005	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 311	794	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 317	4371	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 333	3579	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 334	1410	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 340	7337	0	0	0	0.0	0.0	0.0	0	0	3.000	
■ DMC 341	4714	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 355	204	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 413	3324	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 414	3135	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 469	346	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 517	3522	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 519	1280	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 522	723	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 640	1235	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 648	287	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 676	95	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 779	3620	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 792	1647	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 793	1662	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 794	2063	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 796	1704	0	0	0	0.0	0.0	0.0	0	0	1.000	

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC	798	3267	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	799	3349	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	800	4757	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	803	4648	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	807	816	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	809	5880	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	813	1899	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	815	554	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	820	4719	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	823	5199	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	824	1514	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	825	1960	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	826	2802	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	831	141	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	838	2382	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	842	140	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	844	1852	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	921	55	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	926	142	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	930	1447	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	931	778	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	932	1136	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	934	1514	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	939	6105	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	964	292	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	995	3019	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	996	2581	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3042	973	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3072	178	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3325	3046	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3328	180	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3731	219	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3743	925	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3747	16927	0	0	0	0.0	0.0	0.0	0	0	5.000
■ DMC	3750	2495	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3756	11842	0	0	0	0.0	0.0	0.0	0	0	4.000
■ DMC	3760	2249	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3765	5219	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3766	993	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3778	271	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3787	4232	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3799	2938	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC	3807	1413	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3810	177	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3838	5233	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3839	3385	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3842	9278	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	3846	969	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3860	4996	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3861	2119	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	3865	8053	0	0	0	0.0	0.0	0.0	0	0	3.000